

# POOL SCHEDULE

FALL 2022

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00		MASTERS SWIM 5:30 - 7:00		MASTERS SWIM 5:30 - 7:00			
6:00							
7:00							
8:00							
8:45-9:15	BABY & ME	AQUAFIT	AQUAFIT	AQUAFIT BOOTCAMP	AQUAFIT	AQUAFIT	AQUAFIT
9:00		8:30- 9:30	8:30- 9:30	8:15- 9:15	8:30- 9:30	8:30- 9:30	8:30- 9:20
9:30-10:30	AQUAFIT						
10:00							THOREAU SWIM SCHOOL 9:45- 11:00
11:00							
12:00					AQUAZUMBA 12:00- 12:45		
1:00							
2:00							
3:00							
4:00		THOREAU SWIM SCHOOL 4:00 - 5:00 PM			THOREAU SWIM SCHOOL 4:00 - 5:00 PM		
5:00		SHARKS SWIM TEAM PRACTICE 5:00 - 7:30		AQUAFIT 5:00- 5:45	SHARKS SWIM TEAM PRACTICE 5:00 - 7:30		
6:00				SHARKS SWIM TEAM PRACTICE 6:00 - 8:00			
7:00							
8:00							

**POOL HOURS: MON-FRI 5:00AM - 9:00PM | SAT - SUN 7:00AM - 7:30PM**

FOR MORE INFORMATION ABOUT OUR AQUATICS PROGRAMS AT THE THOREAU CLUB,  
VISIT OUR WEBSITE OR EMAIL [SAM@THOREAU.COM](mailto:sam@thoreau.com)

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