

# POOL SCHEDULE

INDOORPOOL - EFFECTIVE 10/6/20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00							
6:00	<b>MASTERS SWIM</b> 5:45 - 7:00		<b>MASTERS SWIM</b> 5:45 - 7:00				
7:00							
8:00							
9:00		<b>AQUAFIT</b> 9:00 - 9:45		<b>AQUAFIT</b> 9:00 - 9:45	<b>AQUAFIT</b> 9:00 - 9:45	<b>AQUAFIT</b> 9:00 - 9:45	
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00	<b>THOREAU SHARKS SWIM TEAM PRACTICE</b>						
	4:00 - 7:30	4:00 - 6:30	4:00 - 5:00	4:00 - 7:30	4:00 - 6:30		
5:00							
6:00			<b>AQUAFIT</b> 6:15 - 7:00				
7:00							
8:00							

**POOL HOURS: MON-FRI 5:00AM - 8:45PM | SAT - SUN 7:00AM - 7:45PM**

FOR MORE INFORMATION ABOUT OUR AQUATICS PROGRAMS AT THE THOREAU CLUB,  
VISIT OUR WEBSITE OR EMAIL [SAM@THOREAU.COM](mailto:SAM@THOREAU.COM)

275 Forest Ridge Road • Concord, MA 01742 • (978) 831-1200 • [www.thoreau.com](http://www.thoreau.com)