

POOL SCHEDULE

EFFECTIVE APRIL 1, 2023

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00							
6:00		MASTERS SWIM 5:30 - 7:00		MASTERS SWIM 5:30 - 7:00			
7:00							
8:00							
9:00		AQUAFIT 8:30- 9:30	AQUAFIT 8:30- 9:30	AQUAFIT BOOTCAMP 8:15- 9:15	AQUAFIT 8:30- 9:30	AQUAFIT 8:15- 9:15	AQUAFIT 8:15- 9:15
10:00	AQUAFIT 9:30- 10:30			AQUAZUMBA 9:30 - 10:15			THOREAU SWIM SCHOOL 9:45- 11:00
11:00							
12:00							
1:00							
2:00							
3:00							
4:00		THOREAU SWIM SCHOOL 4:00 - 5:00 PM			THOREAU SWIM SCHOOL 4:00 - 5:00 PM		
5:00			SHARKS SWIM TEAM PRACTICE 5:00 - 7:00	AQUAFIT 5:00 - 5:45	SHARKS SWIM TEAM PRACTICE 5:00 - 7:00		
6:00		SHARKS SWIM TEAM PRACTICE 6:00 - 8:00		SHARKS SWIM TEAM PRACTICE 6:00 - 8:00		SHARKS SWIM TEAM PRACTICE 6:00 - 8:00	
7:00							
8:00							

POOL HOURS: MON-FRI 5:00AM - 9:00PM | SAT - SUN 7:00AM - 7:30PM

FOR MORE INFORMATION ABOUT OUR AQUATICS PROGRAMS AT THE THOREAU CLUB,
VISIT OUR WEBSITE OR EMAIL SAM@THOREAU.COM

275 Forest Ridge Road • Concord, MA 01742 • (978) 831-1200 • www.thoreau.com