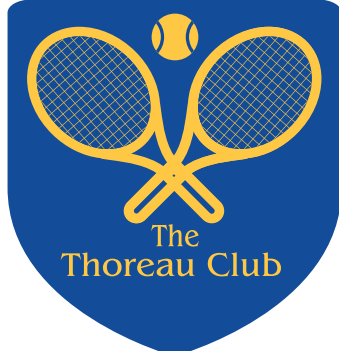


**TENNIS
UNIVERSITY**



All Clinics

\$25 per player

Included in the Flextime membership

Clinic Reservations

Call

(978) 831 1241

Text

(978) 254 1983

Email

tennis@thoreau.com

Every Day

9:00 AM - 6:00 PM

Summer 2018 Tennis Clinics

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					Heartbreakers 9:00 - 10:00	
	Super-Nova 10:00 - 11:00	Man vs. Machine 10:00 - 11:00	Rockin' Robin 10:00 - 11:30	Rockin' Robin 10:00 - 11:30	High Five 10:00 - 11:00	Super-Nova 10:00 - 11:00
Heartbreakers 11:00 - 12:00	High Five 11:00 - 12:00	Keep Your Cool 11:00 - 12:00	Serv-ivors 11:30 - 12:30	Serv-ivors 11:30 - 12:30	Keep Your Cool 11:00 - 12:00	Supreme-Court 11:00 - 12:00
	Turbo Tennis 5:30 - 6:30		High Five 5:30 - 6:30			
Serv-ivors 6:00 - 7:00		Heartbreakers 6:00 - 7:00	Turbo Tennis 6:30 - 7:30			
Supreme-Court 7:00 - 8:00		Supreme-Court 7:00 - 8:00				

CLINIC INFO

Supreme Court

Did you know that more groundstrokes are played than any other shot? Learn to perfect the baseline rally until you are ready to go on offense and attack a weak ball.

Heart Breakers

Like any other muscle, your heart needs to work to stay strong. But it doesn't mean you have to spend hours on the treadmill. Come on out to your favorite place, the tennis court, tune in to the tunes, break your heart and a sweat.

High Five

Master the game at the net with these five shots -- low and high volleys (forehand and backhand) and overheads -- and never let your opponents break through the wall.

Serv-ivors

That's exactly how you will feel after earning point after point on your serve. Never give points away again by mastering infallible serving techniques that will develop your weapon.

Super-Nova

Looking to get more comfortable on the Novagrass courts? Slide on over! This clinic will focus on adjusting to the bounce of the ball on the special surface and how to move around the court with confidence.

Keep Your Cool

Have you ever been down love-40 and felt defeated before even losing the game? We have too. We will put you under a variety of different pressure situations you may face in matches and will train you to handle it with ease.

Turbo Tennis

Be prepared to test your stamina and be pushed out of your comfort zone in this high intensity cardio based clinic. The drills will mimic match points that have you huffing and puffing while knowing you gave it everything you had.

Rockin' Robin

It's back! The 1 ½ hour Doubles Round Robin will focus mainly on playing however our pro will provide helpful tips and strategies to help bring your doubles game to a whole new level. Interchange playing partners throughout the time frame, while the player with the most combined games will be the champion

Man vs. Machine

That relentless ball machine never gets tired...will you? At this pro-led clinic, your coach will be right beside you providing feedback while you hit against the machine.